No Smoking Policy

Aims

This policy has been developed to protect all staff, children and visitors from exposure to secondhand smoke. Exposure to secondhand smoke increases the risk of lung cancer, heart disease and other serious illnesses.

Definition

All references to smoking will include all forms of smoking or vaping such as conventional cigarettes, pipes and e-cigarettes.

Policy

It is the policy of Alamiyah Montessori that all areas within our setting and on the setting's outdoor premises are smoke free, and all staff have a right to work in a smoke free environment. All persons must abstain from any form of smoking while on all premises of the setting site. This policy applies to all staff, student practitioners, trainees, consultants, parents and visitors.

If staff choose to smoke during breaks, they must smoke away from the main entrance and nursery premises. They should have a change of clothes and wash their hands before returning to the children. Staff must wait for 30 minutes after smoking before holding children, even with a change of clothes.

Implementation

Overall responsibility for policy implementation and review rests with the Manager/Executive Director. However, all staff are obliged to adhere to, and support the implementation of the policy. The Manager shall inform all staff and visitors of the policy and their role in the implementation and monitoring of the policy.

Non-Compliance

Local disciplinary procedures will be followed if a member of staff does not comply with this policy. Those who do not comply with the smoke free law may also be liable to a fixed penalty fine and possible criminal prosecution.

Help To Stop Smoking

We understand that smoking/vaping is a personal choice, although as an organisation we support healthy lifestyles. We follow UK Health Security Agency advice and aim to help staff and parents to stop smoking by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline
- https://www.nhs.uk/better-health/quit-smoking/
- Offering information regarding products that are available to help stop smoking.

Review

This policy will be reviewed every 3 years or sooner or if there is any change in statutory guidance or legislation. See 'Policy Review Schedule'.

Adopted in a meeting at Alamiyah Montessori on 23/09/2025

Last Reviewed: 04/09/2026

Signed: N Bobat (Manager) and S Motara (Nominated Person)

on behalf of Alamiyah Montessori

The legal framework and documents referenced in this policy are:

EYFS 2026
Smoke Free Legislation